

Vårdval – choose your medical centre

You are now entitled to choose your medical centre. Maybe you feel it is important that your medical centre is located near your home, has opening times that suit you, or has a particular speciality.

This is how "vårdval" works

Vårdval means that you decide which medical centre you want to attend. You can only choose between medical centres located in the county of Jönköping. In order to see a doctor, you contact the medical centre that you have chosen.

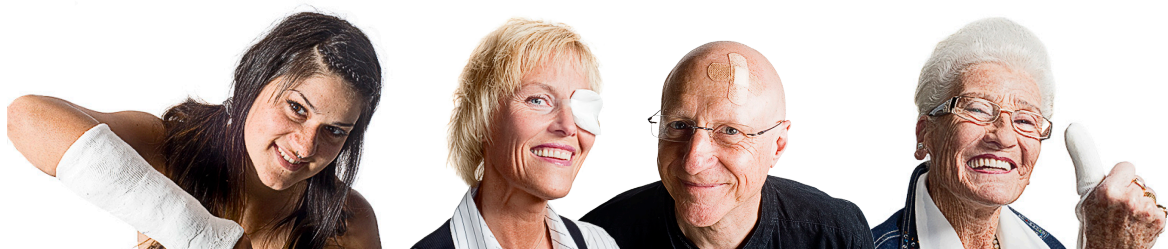
All medical centres that you can choose between have been approved by Jönköping County Council. The medical centres are run either by the County Council or by a private company. All medical centres have the same patient fees and follow the same regulations regarding, for example, medicines, journeys to and from healthcare, home visits and interpreters.

Family members can choose different medical centres. Parents or guardians choose medical centres for children and young people aged under 18. You can choose a different medical centre whenever you like and as often as you like; no medical centre can refuse to treat you.

This is how you make your choice

At the beginning of February, you will receive a letter and a form along with a list of all the medical centres (in Swedish). The form will indicate which medical centre has been suggested to you by the County Council. If you decide to choose that medical centre, you do not need to do anything further. If you would prefer to go to another medical centre, select the one you want to attend from the list, write it on the form and return the form to us. Your choice applies from 1 June 2010.

You can also choose your medical centre online via Mina vårdkontakter (My Health Care Contacts), www.minavardkontakter.se (in Swedish and English).



Further information

Read more about vårdval and the medical centres on the County Council website, www.lj.se, in the magazine LandstingsNYTT issue 1 2010 and in the brochure, "Välja vårdcentral" (in Swedish). Call the vårdval unit on 020-378 873, or send an e-mail to vardval@lj.se